

# How long should a person with influenza-like illness stay home\*

<b>Children</b>		<b>Stay Home for.....</b>
<b>K-12 School</b>		
School-aged child (general education classroom)	24 hours after fever is gone without fever-reducing medication	
School-aged child in a program or school for medically fragile students	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer	
School-aged child in a program or school for pregnant/parenting teens	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer	
<b>Pre-K: Childcare and Early Childhood Education Programs</b>		
Child in childcare program, early childhood education program, or preschool	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer	
Child in K-12 schools who attend a childcare program, early childhood education program or preschool	Check with the childcare or program director, exclusion period will depend on the ability of the program to separate pre-K children from school-aged children. For the time they are in a K-12 school, K-12 exclusion (above) would apply.	
<b>Higher Education (colleges/universities)</b>		<b>Stay Home for.....</b>
Students enrolled in colleges/universities (if the student is in a health professions program see exclusion for healthcare workers)	24 hours after fever is gone without fever-reducing medication	

Adults	Stay home for...
Work in K-12 education programs and schools for medically fragile students	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer
Work in K-12 education programs and schools for pregnant/parenting teens	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer
Work in childcare, early childhood education, or preschools with pre-K children	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer
Work in childcare, early childhood education or preschools with children 5 years and older	Check with their childcare or program director, exclusion period will depend on the ability of the program to separate pre-K children from school-aged children
Work in a healthcare facility***	7 days after symptoms began, or 24 hours after resolution of acute symptoms**, whichever is longer
Not in the categories listed above	24 hours after fever is gone without fever-reducing medication

\*This table reflects MDH recommendations as of September 18, 2009. Facility or institutional policy may vary.

\*\*A person could return to regular activities if they have lingering symptoms like a cough as long as the exclusion period has otherwise been met (a cough that persists after other symptoms are gone is not an acute symptom).

\*\*\* People who work in healthcare settings should check with their employer's policy to determine exclusion based on patient contact.

